

Sponsored places now available for a 6 session Beyond Resilience program

Experience the healing power of horses in a unique and peaceful setting in Palmwoods on the Sunshine Coast. The 6 session Beyond Resilience equine experience program focuses on stress reduction, relationship skills, self care and general wellbeing.

The program is run by experienced and qualified facilitators.

All interactions with horses are ground-based meaning no horse riding is involved.

No prior experience with horses is necessary.

Cost: \$40 per person per program for resources. The program is fully funded by the generosity of the Neilson Foundation.

Sessions are 1 hour, weekly or fortnightly.

The program is suitable for:

- Disengaged, or at risk youth
- Frontline healthcare workers
- Veterans



For available dates contact: Helen at Equine Alliance
0408 067 664 | Email: helen@equine-alliance.com.au
www.equine-alliance.com.au



Funded by the Neilson Foundation

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